

SUSAN KELSEY, LMFT, RPT-S
LICENSED MARRIAGE AND FAMILY THERAPIST, REGISTERED PLAY THERAPIST SUPERVISOR

2900 BRISTOL STREET, SUITE G-101, COSTA MESA, CA 92626
800-890-1962 SUSANKELSEYMFT.COM

LICENSURE/CERTIFICATION

- 2001-Present CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS
BOARD OF BEHAVIORAL SCIENCES
Licensed Marriage and Family Therapist (MFC 38488)
- 2001-Present ASSOCIATION FOR PLAY THERAPY
Registered Play Therapist (2001), Registered Play Therapist-Supervisor (2008)
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PROFESSIONAL EXPERIENCE

- 2001-Present SUSAN KELSEY, MFT, RPT-S-PRIVATE PRACTICE: Costa Mesa, CA
Child and Adolescent Psychotherapist
Provide psychological evaluation and psychotherapy to children, adolescents, and families as an independent, private practice psychotherapist. Specialize in working with children from birth through eighteen using play therapy and traditional strategies for a variety of issues including anxiety, depression, trauma, ADHD, PTSD, anger, adjustment disorders, divorce, grief, behavioral problems, pervasive development disorders, etc. Website: www.susankelseymft.com
- 2000-2002 DR. DUGGAN AND ASSOCIATES: Long Beach, CA
Psychotherapist
Provide psychological evaluation and psychotherapy to children, adolescents, and adults. Issues include ADHD, adjustment to family changes, divorce, and other traumatic life events, substance abuse, depression, anger, defiance, acting out, and school academic and behavioral problems. Utilize play therapy techniques in addition to cognitive-behavioral strategies. Provide individual, couples, and family psychotherapy. Website: www.drdugganandassociates.com
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INTERNSHIPS

- 1999-2000 COMMUNITY FAMILY GUIDANCE CENTER: Cerritos, CA
Outpatient Therapist/MFT Intern
Provided counseling to children, adolescents, and their families representing various cultural backgrounds. Diagnoses included PTSD, ADHD, depressive disorders, Conduct Disorder, Oppositional-Defiant Disorder, and Pervasive Developmental Disorders. Provided individual, conjoint, child, and family therapy.
- 1998-2000 PARAMOUNT UNIFIED SCHOOL DISTRICT
Counseling Assistant/MFT Student Intern
Provided school based counseling services to children from grades K-8
Foster Youth Counselor/MFT Intern
Provided weekly counseling sessions to children in foster care
School Counselor/MFT Intern
Provide school counseling services to a local catholic K-8 school, as directed by the Paramount Unified School District
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EDUCATION

2000-2001	UNIVERSITY OF CALIFORNIA, SAN DIEGO EXTENDED STUDIES Play Therapy Certificate (GPA = 4.0)
1997-1999	CALIFORNIA STATE UNIVERSITY, LONG BEACH: Long Beach, CA Master of Science, Counseling/Marriage and Family Counseling (GPA = 4.0)
1987-1994	CALIFORNIA STATE UNIVERSITY, LONG BEACH: Long Beach, CA Bachelor of Arts, Neuroscience (<i>Cum Laude</i>)

PROFESSIONAL MEMBERSHIPS

1997-Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS <i>Clinical Member Website: www.camft.org</i>
2003-Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS, ORANGE COUNTY CHAPTER <i>Clinical Member. Website www.occamft.org</i>
1999-Present	ASSOCIATION FOR PLAY THERAPY <i>Clinical Member. Website: www.a4pt.org</i>
1999-Present	CALIFORNIA ASSOCIATION FOR PLAY THERAPY <i>Clinical Member. Website: www.calapt.org</i>

BOARDS OF DIRECTORS/ADVISORY BOARDS

2003-Present	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS ORANGE COUNTY CHAPTER <i>Board of Directors, 2011 Treasurer &, Program Director, Past-President, 2008-2010</i>
2005-Present	CALIFORNIA ASSOCIATION FOR PLAY THERAPY ORANGE COUNTY CHAPTER <i>Founding Member, Past-President 2005-2007</i>
2009-2011	CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS <i>Board Member-at-Large</i> 12-member Board of Directors who oversee professional association representing 30,000 Marriage and Family Therapist in California
2005-2006	CALIFORNIA ASSOCIATION FOR PLAY THERAPY <i>Board Member-at-Large</i>
2005-Present	ARGOSY UNIVERSITY <i>Advisory Board</i>
1995-2003	JONATHAN JAQUES CHILDREN'S CANCER CENTER <i>Advisory Board</i>

MEDIA

Interviewed on "Daybreak OC" morning television news "Smart Toys to Buy Your Kids for the Holidays", December 21, 2007 (separate interviews for two broadcasts)

PROFESSIONAL VOLUNTEER ACTIVITIES

- 2007-Present COMFORT ZONE CAMP, *Healing Circle Leader*
Facilitate groups for grieving children (7-17) at weekend camps (13 camps to date)
Website: www.comfortzonecamp.org
- 2003-2004 KIDS FIRST DIVORCE PROGRAM, *Children Group Facilitator*
Facilitate 7-week group counseling sessions for children 8-17 experiencing high
conflict divorce. Website: www.kidsfirstoc.org
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TEACHING EXPERIENCE

- 2006 ARGOSY UNIVERSITY
Adjunct Professor, "Counseling Children and Adolescents"
- 1994-1996 LONG BEACH UNIFIED SCHOOL DISTRICT
Substitute Teacher. K-8
- 1994-1995 CERRITOS COLLEGE SUMMER SCIENCE WORKSHOPS
"Neuroscience for Kids"
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PUBLICATIONS

- Kelsey, S. (2011, June). Discipline Decisions, *Parenting Orange County* "Ask the Experts," 15-18
- Kelsey, S. (2011, January-March), The Therapeutic Benefits of Play, *The Central Valley Therapist*, 6-7
- Kelsey, S. (2011, January). Curbing Enthusiasm. *Parenting OC* "Ask the Experts," 16-18
- Kelsey, S. (2010, September). Pop Star Impersonator. *Parenting OC* "Ask the Experts," 20-21
- Kelsey, S. (2010, June). Preventing a Green-eyed Toddler. *Parenting Orange County* "Ask the Experts," 21-25
- Kelsey, S. (2010, April). Better Behavior. *Parenting Orange County* "Ask the Experts," 21-22
- Kelsey, S. (2009, December). Yule Schedule (quoted in). *OC Family*, 34-36
- Kelsey, S. (2009, November). Separated...With Children. *Parenting Orange County* "Ask the Experts," 21-25
- Kelsey, S. (2009, September). Words for the Bully. *Parenting Orange County* "Ask the Experts," 18
- Kelsey, S. (2008, May/June). The Art of Appreciation. *Today's Woman*, 45-46
- Kelsey, S. (2008, April). Life Unplugged (quoted in). *Parenting Orange County*, 28-30
- Kelsey, S. (2008, March/April). Compromise – A Lose/Lose Proposition. *Today's Woman*, 45-46
- Kelsey, S. (2007, July). Separation Anxiety. *Parenting Orange County* "Ask the Experts," 18-19
- Kelsey, S. (2007, May). Dating...With Children. *Parenting Orange County* "Ask the Experts," 13-14
- Kelsey, S. (2005, February). Exploring Private parts. *Parenting Orange County* "Ask the Experts," 10-11

PRESENTATIONS/TRAININGS GIVEN

- 2011 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS
"Treating Traumatized Children; Neurobiology and Treatment Considerations"
- 2011 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
ORANGE COUNTY CHAPTER
"Play Therapy to Go"
- 2011 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
CENTRAL SAN JOAQUIN VALLEY CHAPTER, FRESNO, CA
Using Play Therapy to Reach the Soul
- 2010 LIVING SUCCESS CENTER, ORANGE COUNTY, CA
Introduction to Play Therapy
- 2010 ALTERNATIVE FAMILY SERVICES, OAKLAND, CA.
Play Therapy on the Go
- 2009 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
THOUGHT LEADERS IN MENTAL HEALTH, SAN FRANCISCO, CA
Effective Treatment of Children & Adolescents
- 2009 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
LONG BEACH/SOUTH BAY CHAPTER
Play Therapy: Using Projective Strategies with Children
- 2008 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
THOUGHT LEADERS IN MENTAL HEALTH, LOS ANGELES, CA
Counseling Children and Adolescents using Play Therapy
- 2008 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
THOUGHT LEADERS IN MENTAL HEALTH, SAN FRANCISCO, CA
Counseling Children and Adolescents using Play Therapy
- 2007 ASSOCIATION FOR PLAY THERAPY ANNUAL CONFERENCE, L.A., CA
Neuroscience and Child Therapy
- 2007 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
ORANGE COUNTY CHAPTER
The Biological Basis of Trauma
- 2006 MARIPOSA WOMEN'S AND FAMILY CENTER, ORANGE, CA
Treating Traumatized Children
- 2006 PEPPERDINE UNIVERSITY, LOS ANGELES
Sand Tray Techniques for Children and Adolescents
- 2006 ARGOSY UNIVERSITY
Children's Groups

PRESENTATIONS/TRAININGS GIVEN (cont.)

2005 TURNING POINT COUNSELING CENTER
Play Therapy Interventions

2005 ARGOSY UNIVERSITY
Children's Groups

2005 ARGOSY UNIVERSITY
Introduction to Play Therapy

2005 PEPPERDINE UNIVERSITY
Play Therapy: Theory and Interventions

2005 MARIPOSA WOMEN AND FAMILY CENTER, ORANGE, CA
Sand Tray Techniques

2005 LONG BEACH GUIDANCE CENTER, LONG BEACH, CA
Working with High Conflict Families

2005 ASSOCIATION FOR PLAY THERAPY/ORANGE COUNTY CHAPTER
Working with Families in High Conflict Divorce

2005 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
ORANGE COUNTY CHAPTER
Working with Families in High Conflict Divorce

2004 ASSOCIATION FOR PLAY THERAPY
Play Therapy: Theory and Interventions

2004 ARGOSY UNIVERSITY
Children's Groups

2003 ARGOSY UNIVERSITY
Play Therapy: Techniques and Interventions

2003 ARGOSY UNIVERSITY
Play Therapy with Children's Groups

2003 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
ORANGE COUNTY CHAPTER
Play Therapy:Trusting Your Intuitions When Working With Children

2002 CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS,
LONG BEACH/SOUTH BAY CHAPTER
Play Therapy: Techniques and Interventions

2001-2004 CALIFORNIA STATE UNIVERSITY LONG BEACH
Play Therapy: Techniques and Interventions
